



Welcome to the October 2020 edition of the Greenway Newsletter

Covid-19 (Coronavirus)

When attending Greenway Women's Centre we ask everyone to please observe all Health & Safety procedures which are clearly signposted throughout the Greenway building. These measures have been designed to minimise the risk of spreading Covid-19 (Coronavirus) within our community.

- Wash your hands well and often ■ Cover coughs and sneezes ■
- Wear a face covering/mask when entering and moving around the building ■
- Limit close contact with others as much as possible ■
- Please do not come to the Centre if you are unwell or have been told to self-isolate ■

Thank you for your support.

We would like to extend a huge thank you to everyone at Cregagh Nursing Home who kindly sent us 20 Snack Boxes filled with a selection of vegetables grown by residents and staff during lockdown.

The Snack Boxes were delivered as part of a National Lottery funded project *Food For Life* which aims to bring people from different generations together through food.

The boxes were presented to the first 20 lucky women who came into the Centre as classes resumed!

Thank you to East Belfast Community Development Agency who provided Greenway with 50 Resilience Packs, containing colouring books, pencils, chocolate, face masks and hand sanitiser, which were distributed among the women who use our services.

We would also like to say thank you to Radius Housing who provided Greenway with 'Cultural Festival in a Box' packs to celebrate International Day of Peace 2020. The boxes contained a range of excellent resources for families to use at home.

Virtual Services

We are continuing to offer some 'virtual' services through Phone, Facebook and Zoom.

A Natter Matters Phone Sessions with Joanne:

On Monday mornings Joanne holds Phone Sessions with parents, so if you have any child-related issues or would like a chat regarding anything to do with parenting please email childcare@greenwaywomenscentre.org giving your name and phone number and Joanne will get back to you with a call time.

Facebook Videos:

On Wednesday mornings we will have a weekly video from Joanne and the Childcare Team and on Thursday mornings Helen will continue her Ways to Work on Wellbeing series.

A Natter Matters Zoom Sessions with Helen:

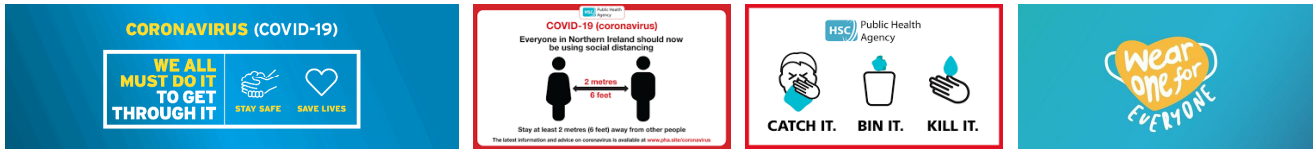
On Thursday evenings at 8pm Helen hosts a Live Zoom Session so if you need a chat or just fancy a catch up please email training@greenwaywomenscentre.org for a link.

To find us online visit:

www.facebook.com/GreenwayWomenCentre
www.greenwaywomenscentre.org

If you would like to receive the Greenway newsletter by email each month, please contact newsletter@greenwaywomenscentre.org to be added to our mailing list.

Please be mindful that there may be service users, staff or volunteers within Greenway Women's Centre who are particularly vulnerable to infection.



Support from Greenway Women's Centre is available Monday to Friday.

You can contact Greenway staff by email:

Lindsay Cooper, Centre Manager: manager@greenwaywomenscentre.org

Joanne Leetch, Childcare Manager: childcare@greenwaywomenscentre.org

Helen Smyth, Training & Education Officer: training@greenwaywomenscentre.org

Or you can reach Greenway staff by telephone on 028 9079 9912.

Greenway Family Support Services are available each weekday, 10am-1.30pm. For more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912 E: manager@greenwaywomenscentre.org

Volunteering Opportunities at Greenway

The Volunteer Programme at Greenway is an excellent way to meet new people and develop new skills.

Roles available: Reception*; Drop-In*; Cleaning*; Childcare**

• Due to current Health & Safety restrictions some roles may not be available at present •

**All volunteers must be successfully vetted through Access NI before they can commence their role.*

***All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

If you are interested in volunteering at Greenway Women's Centre, please contact Lindsay Cooper on 9079 9912.



The Red Box Project

Greenway Women's Centre is part of the Red Box Project

The Red Box Project, coordinated by EBCDA, aims to ensure that every woman has access to free menstrual products in a bid to tackle "period poverty."

At Greenway we have a fully stocked Red Box containing a range of sanitary pads and tampons which you are free to take as and when required.



Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence



At Greenway Women's Centre we offer:

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities •
- Free Classes • Workshops • Special Events •

Opening Hours: 9am - 4pm Monday - Friday



'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'

Greenway Women's Group is a Company Limited by Guarantee No: NI381399
Northern Ireland Registered Charity No. NI C100610
Inland Revenue Charity No: XR34419

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- find us at www.facebook.com/GreenwayWomensCentre