

Greenway

Women's Centre

## Monthly Newsletter

***Welcome to the November 2020 edition of the Greenway Newsletter***

### **Ensemble Colours Project**

Greenway Women's Centre is hosting an exciting new Good Relations project, Ensemble Colours, which will utilise a variety of art forms including Drama, Creative Writing, Visual Art and Digital Art to promote Cultural Expression. The aim of the project is to create an exploration of good relations and diversity across Greater Belfast, discussing issues that will culminate in a public showcase inspired and informed by the participants' experiences, opinions and ideas.

*Facilitated by Prime Cut Productions in collaboration with the Golden Thread Gallery, Belfast.*

### **Maternal Advocacy and Support (MAS) Project**

Greenway Women's Centre will be hosting a new Maternal Mental Health Project to promote positive mental health and wellbeing for women who are pregnant or have children aged 0-3 years.

Start Date: December 2020



**If you would like to get involved please contact Helen Smyth.**  
**T: 028 9079 9912**      **E: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)**

### **Greenway Women's Centre Virtual Services**

#### **A Natter Matters:**

On Monday mornings, between 10am and 11am, Joanne holds Phone Sessions with parents, so if you have any child-related issues or would like a chat regarding anything to do with parenting please email [childcare@greenwaywomenscentre.org](mailto:childcare@greenwaywomenscentre.org) to arrange a call time.

On Thursday evenings at 8pm Helen hosts a Live Zoom Session so if you need a chat or just fancy a catch up please email [training@greenwaywaywomenscentre.org](mailto:training@greenwaywaywomenscentre.org) for a link.

#### **Facebook:**

On Wednesdays we share a weekly video from Joanne and the Childcare Team and on Thursdays Helen continues her Ways to Work on Wellbeing video series.

#### **Find us online:**

[www.facebook.com/GreenwayWomensCentre](https://www.facebook.com/GreenwayWomensCentre)  
[www.greenwaywomenscentre.org](http://www.greenwaywomenscentre.org)

### **Covid-19 (Coronavirus) Update**

As you are aware the recent restrictions implemented throughout Northern Ireland meant that we had to suspend our 'in person' services for 2 weeks. We are happy to announce that these services have now resumed and we look forward to seeing you back at Greenway Women's Centre.

Please ensure you observe all Health & Safety procedures which are clearly signposted throughout the Greenway building, as these measures have been designed to minimise the risk of spreading Covid-19 (Coronavirus) within our community.

**Thank you for your support.**

**CORONAVIRUS (COVID-19)**

**WE ALL  
MUST DO IT  
TO GET  
THROUGH IT**



**STAY SAFE    SAVE LIVES**

**COVID-19 (coronavirus)**

Everyone in Northern Ireland should now be using social distancing



Stay at least 2 metres (6 feet) away from other people  
The latest information and advice on coronavirus is available at [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus)

**HSC** Public Health Agency



**CATCH IT.    BIN IT.    KILL IT.**

**Wear  
one for  
EVERYONE**

**When visiting Greenway Women's Centre:**

- Wear a face covering/mask when entering and moving around the building ■
- Wash your hands well and often ■ Cover coughs and sneezes ■
- Limit close contact with others as much as possible ■
- Please do not come to the Centre if you are unwell or have been told to self-isolate ■

***Please be mindful that there may be service users, staff or volunteers within Greenway Women's Centre who are particularly vulnerable to infection.***

**Support from Greenway Women's Centre is available Monday to Friday.**

**You can contact Greenway staff by email:**

Lindsay Cooper, Centre Manager: [manager@greenwaywomenscentre.org](mailto:manager@greenwaywomenscentre.org)

Joanne Leetch, Childcare Manager: [childcare@greenwaywomenscentre.org](mailto:childcare@greenwaywomenscentre.org)

Helen Smyth, Training & Education Officer: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

**Or you can reach Greenway staff by telephone on 028 9079 9912.**

**Greenway Family Support Services are available each weekday, 10am-1.30pm.  
For more information please contact Greenway's Centre Manager, Lindsay Cooper.**

**T: 028 9079 9912 E: [manager@greenwaywomenscentre.org](mailto:manager@greenwaywomenscentre.org)**

**Volunteering Opportunities at Greenway**

The Volunteer Programme at Greenway is an excellent way to meet new people and develop new skills.

**Roles available: Reception\*; Drop-In\*; Cleaning\*; Childcare\*\***

- Due to current Health & Safety restrictions some roles may not be available at present ●

*\*All volunteers must be successfully vetted through Access NI before they can commence their role.*

*\*\*All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

***Full training is provided prior to commencing any volunteering role.***

**If you are interested in volunteering at Greenway Women's Centre,  
please contact Lindsay Cooper on 028 9079 9912.**



The Red Box Project

**Greenway Women's Centre is part of the Red Box Project**

The Red Box Project, coordinated by EBCDA, aims to ensure that every woman has access to free menstrual products in a bid to tackle period poverty.

At Greenway we have a fully stocked Red Box containing a range of sanitary pads and tampons which you are free to take as and when required.



**Greenway Women's Centre is a recognised Safe Place  
for anyone affected by Domestic Violence**



**At Greenway Women's Centre we offer:**

- Top Quality Childcare Services ● Family Support Services ● Education & Training Programmes ●
- Essential Skills Support ● Health & Wellbeing Courses ● Volunteering Opportunities ●
- Free Classes ● Workshops ● Special Events ●

**Opening Hours: 9am - 4pm Monday - Friday**



**'Providing local, accessible services to women and their families  
in Cregagh and the broader community since 1985'**

Greenway Women's Group is a Company Limited by Guarantee No: NI381399  
Northern Ireland Registered Charity No. NI C100610  
Inland Revenue Charity No: XR34419

**19 Greenway, Cregagh Estate, Belfast BT6 0DT**

**T:028 9079 9912 E:manager@greenwaywomenscentre.org W:www.greenwaywomenscentre.org**

If you would like to receive the Greenway newsletter by email each month, please contact [newsletter@greenwaywomenscentre.org](mailto:newsletter@greenwaywomenscentre.org) to be added to our mailing list.