



Greenway

Women's Centre

Monthly Newsletter

Welcome to the Summer 2021 edition of the Greenway Newsletter

Greenway Women's Centre Summer Update

Greenway Women's Centre will be closed on the following dates over the summer period:

Monday 5 July until Friday 16 July - Summer Break

All Greenway services, including Childcare provision, Family Support, classes and online services will be unavailable during this time.

Services will resume on Monday 19 July.

Tuesday 20 July - Staff Development Day

All Greenway services, including Childcare provision, Family Support, classes and online services will be unavailable on this date.

Services will resume on Wednesday 21 July.

Monday 30 August - Summer Bank Holiday

All Greenway services, including Childcare provision, Family Support, classes and online services will be unavailable on this date.

Services will resume on Tuesday 31 August.

Thank you for your ongoing support and we hope you and yours have a safe and relaxing summer!

Greenway Women's Centre Summer Programme 2021

Women's Empowerment Group - Live Zoom Sessions

WEP Zoom sessions will continue every Monday/ Tuesday/ Wednesday (10am)

If you are involved in the Women's Empowerment Group and would like to participate please email training@greenwaywomenscentre.org for a link.

MAS Maternal Mental Health Project - Live Zoom Sessions

MAS Project Zoom sessions will continue every Monday/ Tuesday/ Wednesday (11.30am)

If you are involved in the MAS Maternal Mental Health Project and would like to participate please email training@greenwaywomenscentre.org for a link.

A Natter Matters - Phone Sessions with Joanne (10am-11am)

On Monday mornings our Childcare Manager Joanne holds Phone Sessions with Greenway parents, so if you have any child-related issues or would like a chat about anything to do with parenting please email childcare@greenwaywomenscentre.org giving your name and phone number and Joanne will get back to you with a call time.

A Natter Matters: Bedtime Edition - Live Zoom Session with Helen (8pm)

On Thursday evenings our Training & Education Officer Helen hosts a weekly support session for Greenway service users, so if you fancy a catch up or just need a chat please email Helen at training@greenwaywomenscentre.org for a link.

Please Note:

While most classes/ groups revert to online sessions over the summer months Greenway Childcare Services will continue to operate as normal.

Maternal Advocacy and Support (MAS) Project

Greenway Women's Centre hosts a weekly Maternal Mental Health peer support group, the MAS Project, which is designed to promote positive mental health and wellbeing for women who are pregnant or have children aged 0-3 years, by offering them the opportunity to share their experiences, engage in activities and express their views.

Sessions: Mondays/ Tuesdays/ Wednesdays, 11.30am



If you are interested in getting involved with the MAS Project or would like more information please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org

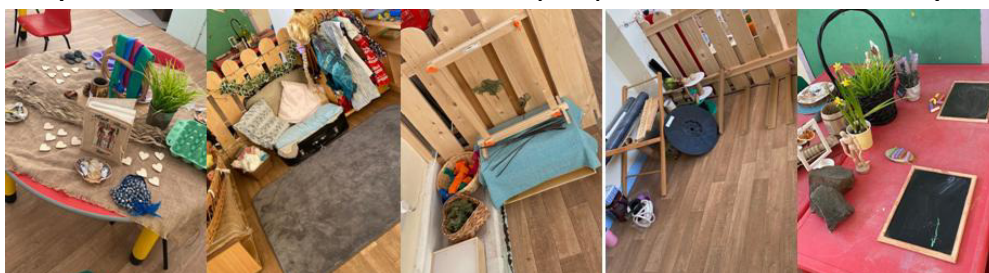
Greenway Childcare Services

- Have you returned to work within the last 12 months after a period of unemployment?
 - Have you got a child/or children under the age of 2?
 - Are you struggling to find part-time childcare?

Yes? ...then maybe we can help!!!

Greenway Childcare Services currently has WCCF Childcare places available for under 2's. So, if you have returned to work following a period of unemployment and you have a child/or children under the age of 2 years, Greenway Women's Group may be able to offer you FREE Childcare* Monday to Friday from 9am, for up to 4 hours per day!

Please Note: This does not apply when returning to work after Maternity Leave.
*(*WCCF Childcare Provision funded by Department for Communities)*



Greenway's professional & highly qualified Childcare Team promote fun and creative ways of engaging children to learn and develop in an inclusive, non-judgmental, safe environment.

For more information please contact Greenway's Childcare Manager, Joanne Leetch.

T: 028 9079 9912 **E:** childcare@greenwaywomenscentre.org

Support from Greenway Women's Centre is available via phone and email, Monday to Friday.

You can contact Greenway staff by email:

Lindsay Cooper, Centre Manager: manager@greenwaywomenscentre.org

Joanne Leetch, Childcare Manager: childcare@greenwaywomenscentre.org

Helen Smyth, Training & Education Officer: training@greenwaywomenscentre.org

Or you can reach Greenway staff by telephone on 028 9079 9912.



Thank you to East Belfast Community Development Agency Health Department who provided 30 Mindfulness Gift Bags for the women taking part in Greenway's Women's Empowerment Project!

Greenway Women's Centre Covid-19 (Coronavirus) Health & Safety Procedures

At Greenway Women's Centre we provide a wide range of services for many different groups and in order to minimise the risk of spreading Covid-19 (Coronavirus) and to protect everyone in the community as much as possible we ask everyone attending Greenway to please observe all the Health & Safety procedures currently in place.

When you arrive at Greenway Women's Centre please ring the buzzer for admittance. Please remain outside until Reception buzz you in. In the event of a queue outside the building please observe social distancing and do not obstruct the public footpath.

Please wear a face covering/mask inside the Greenway building.

Please use the hand sanitiser provided at Reception.

Your temperature will be checked before you proceed into the building.

(A high temperature is usually considered to be 38C or above.)

Please maintain social distancing throughout the building. To help with this please keep to the left in communal areas, such as stairs and corridors.

Where possible there are markings on the floor to guide you.

The lift remains available for all Centre Users, however to facilitate social distancing there is a maximum limit of 2 persons on board at any one time.

Hand sanitation stations have been set up outside every room.

Please ensure that you use hand sanitiser before entering and when leaving the room.

Please observe the social distancing regulations that are in place in all rooms.

Please do not move furniture or remove social distancing markings in any room.

The Kitchen and Drop In Counter are currently 'staff-only' areas.

Toilet facilities are fully accessible to all Centre Users, however to allow for social distancing some stalls have been temporarily closed. Please maintain social distancing when entering/leaving the facilities and remember to wash your hands thoroughly.

Before leaving the building please remember to get signed out and use the hand sanitiser provided.

Please be mindful that there may be service users, staff or volunteers within Greenway Women's Centre who are particularly vulnerable to infection.

■ Wear a face covering/mask inside the building ■

■ Wash your hands well and often ■ Maintain social distancing ■

Please do not attend Greenway if you are unwell or are self-isolating

Full details of all Health & Safety measures are clearly signposted throughout the Greenway building.

Thank you for your support.

Greenway Women's Centre Mailing List

If you would like to receive information on classes and events at Greenway Women's Centre please forward your name and email address to Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org

Please Note:

Due to current Data Protection legislation we need a record of your consent to hold details of your name and email address on our mailing list.

If you request to be added to our mailing list by email this request will be taken as consent.

However, if your request is made verbally or in person you will be contacted via email by newsletter@greenwaywomenscentre.org to give consent.

Only once your consent is received can Greenway Women's Group add your name and email address to its electronic mailing list.

If at any time in the future you wish to withdraw consent, you can do so without detriment by emailing: newsletter@greenwaywomenscentre.org or by writing to:

Greenway Women's Centre, 19 Greenway, Belfast, BT6 0DT.

Greenway Womens Centre Family Support Services

Greenway Family Support Services are available each weekday, 10am-1.30pm.

For more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912 **E:** manager@greenwaywomenscentre.org

Volunteering Opportunities at Greenway

The Volunteer Programme at Greenway Women's Centre is an excellent way to meet new people, build confidence and self esteem and to develop new skills.

Roles available: Reception*; Drop-In*; Cleaning*; Childcare**

**All volunteers must be successfully vetted through Access NI before they can commence their role.*

***All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

Please Note:

Some roles may not be available at present due to current Health & Safety restrictions relating to the Covid-19 (Coronavirus) pandemic.

If you are interested in volunteering at Greenway Women's Centre, please contact Lindsay Cooper on 028 9079 9912.

Fundraising with AmazonSmile

Did you know that you can raise money for Greenway Women's Centre when you shop through Amazon?

All you have to do is go to www.smile.amazon.co.uk and type in Greenway Women's Centre.

Then, every time you shop Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of eligible purchases!

For more information on AmazonSmile and how to support Greenway Women's Centre please visit www.smile.amazon.co.uk



The Red Box Project

Greenway Women's Centre is part of the Red Box Project

The Red Box Project, coordinated by EBCDA, aims to ensure that every woman has access to free menstrual products in a bid to tackle period poverty.

At Greenway Women's Centre we have a fully stocked Red Box containing a range of sanitary pads and tampons which you are free to take as and when required.



Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence



At Greenway Women's Centre we offer:

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities •
- Free Classes • Workshops • Special Events •

Opening Hours: 9am - 4pm Monday - Friday



'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'

Greenway Women's Group is a Company Limited by Guarantee No: NI381399
Northern Ireland Registered Charity No. NI C100610
Inland Revenue Charity No: XR34419

19 Greenway, Cregagh Estate, Belfast BT6 0DT

T:028 9079 9912 **E:**manager@greenwaywomenscentre.org **W:**www.greenwaywomenscentre.org

If you would like to receive the Greenway newsletter by email each month, please contact newsletter@greenwaywomenscentre.org to be added to our mailing list.