

**Greenway**

**Women's Centre**

## **Monthly Newsletter**

***Welcome to the April 2022 edition of the Greenway Newsletter***



Sadly, our dear friend and colleague, Helen Harris, recently lost her battle with cancer. 'Mummy Helen', as she was affectionately known, was a volunteer at Greenway Women's Centre for almost 20 years before joining the Greenway Women's Group Board of Directors and going on to lead our older women's group, the Recycled Teenagers.

Mummy Helen was a much loved and respected member of the Greenway family and she will be greatly missed and fondly remembered by everyone at Greenway.

We extend our heartfelt condolences to the Harris family and our love and prayers are with our Training Officer, Helen Smyth, as she begins to grieve for her beloved mother.

### **Easter Holidays**

Greenway Women's Centre will be closed from Monday 18 April to Friday 22 April for the Easter break. All Greenway services, including childcare provision, classes, group meetings, online services and family support will be unavailable during this time.

The Centre will reopen on Monday 25 April 2022 and all services will resume on this date.

### **Staff Team Update**

There have been some changes to the Greenway Staff Team over the past couple of months, and visitors to the Centre may well have noticed a few new faces!

The Board of Directors would like to welcome Sarah Kidd, Elisha Sharpe and Danielle Duncan to the Greenway Staff Team. Sarah joined the Staff Team last month as our new Finance Manager while Elisha and Danielle, who both recently trained in the Greenway Childcare Department, have taken up permanent posts as Childcare Assistants.

We are pleased to say that Trudi Kenny, who has been covering temporary positions in the Greenway Childcare Department over the past year, has also been given a permanent Childcare Assistant post.

The Board of Directors would also like to congratulate Jodie Wilson and Natalie Horrocks on their new roles as Co Childcare Managers. Jodie and Natalie have both been integral members of the Greenway Staff Team for many years and we are delighted to see them progress to leading the Childcare Team!

### **Women's Empowerment Programme**

The Women's Empowerment Programme at Greenway Women's Centre is a free, accredited, women-only project designed to provide practical and positive work-based opportunities for women on their way to employment or training. The Programme includes personal development, Essential Skills, CV training, interview techniques and volunteering opportunities.

**Sessions:** Mondays/ Tuesdays, 9.30am - 11.30am

**If you are interested in taking part or would like more information please contact Greenway's Training & Education Officer, Helen Smyth.**

**T:** 028 9079 9912    **E:** [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

*This Programme is funded through National Lottery Community Fund Awards for All*

### **Maternal Advocacy and Support (MAS) Project**

Greenway Women's Centre hosts a weekly Maternal Mental Health peer support group, the MAS Project, which is designed to promote positive mental health and wellbeing for women who are pregnant or have children aged 0-3 years. The project also provides a platform for women to talk about their experiences in the health care system and advise on areas that could be developed to improve services for women in Northern Ireland.

**Sessions:** Mondays/ Tuesdays, 11.30am - 1.30pm



**If you are interested in getting involved with the MAS Project at Greenway please contact Greenway's Training & Education Officer, Helen Smyth.**

**T:** 028 9079 9912    **E:** [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

### **A Natter Matters**

On Thursday evenings Helen hosts a Live Zoom Session so if you need a chat or just fancy a catch up please email [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org) for a link.

### **Greenway Childcare Services**

We currently have FREE WCCF Childcare places for 2-3 year olds available in our Toddler Room!

Have you returned to work within the last 12 months following a period of unemployment\*?

Or, are you currently in training or education AND in receipt of Income Support, Universal Credit, Jobseekers Allowance (income based) or ESA?

If you answered YES to either question Greenway Women's Group can offer you FREE\* Childcare Monday to Friday from 9.30am, for up to 4 hours per day!

\*Please Note: This does not apply when returning to work following Maternity Leave  
(\*WCCF Childcare Provision funded by Department for Communities)



*Greenway's professional & highly qualified Childcare Team promote fun and creative ways of engaging children to learn and develop in an inclusive, non-judgmental, safe environment.*

**For more information on WCCF Childcare at Greenway Women's Centre please contact Greenway's Childcare Co-Managers, Jodie Wilson or Natalie Horrocks.**

**T:** 028 9079 9912    **E:** [childcare@greenwaywomenscentre.org](mailto:childcare@greenwaywomenscentre.org)

### **Pain Management Group**

The Pain Management Group, facilitated by East Belfast Community Development Agency, holds monthly support meetings at Greenway Women's Centre.

**For more information please contact Helen Smyth.**

**T:** 028 9079 9912    **E:** [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

### **Common Past, Shared Future\***

Start Date: Friday 29 April, 10am-12pm

This is a new 8-week Cross Community Project for women, hosted by Greenway in partnership with Voices Women's Group.

\*Please Note: Enrolment criteria may apply for registration on this project.

**If you are interested in attending or would like more information, please contact Greenway's Training & Education Officer, Helen Smyth.**

**T:** 028 9079 9912    **E:** [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

### **Support from Greenway Women's Centre is available Monday to Friday, via phone and email.**

You can contact Greenway staff by email:

Lindsay Cooper, Centre Manager: [manager@greenwaywomenscentre.org](mailto:manager@greenwaywomenscentre.org)

Helen Smyth, Training & Education Officer: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

Greenway Childcare Team: [childcare@greenwaywomenscentre.org](mailto:childcare@greenwaywomenscentre.org)

Or you can reach Greenway staff by telephone on 028 9079 9912.

### **Greenway Women's Centre Family Support Services**

Greenway Family Support Services are available each weekday, 10am - 1.30pm.

**For more information please contact Greenway's Centre Manager, Lindsay Cooper.**

**T:** 028 9079 9912    **E:** [manager@greenwaywomenscentre.org](mailto:manager@greenwaywomenscentre.org)

### **Greenway Women's Centre Covid-19 (Coronavirus) Health & Safety Procedures**

At Greenway Women's Centre we provide a wide range of services for many different groups and so to minimise the risk of spreading Covid-19 (Coronavirus) and to protect everyone in our community as much as possible we ask everyone attending Greenway to continue to observe the remaining Health & Safety procedures we have in place.

- Please wear a face covering/mask inside the Greenway building.
- Please use the hand sanitiser provided at Reception before signing in.
  - Please maintain social distancing throughout the building.
- Please use the hand sanitiser provided before entering and when leaving each room.
- Please observe the social distancing markings that are in place in all training rooms.
- Please remember to sign out when leaving the building and use the hand sanitiser provided.

*Please be mindful that there may be service users, staff or volunteers within Greenway Women's Centre who are particularly vulnerable to infection.*

- Please wear a face covering/mask inside the building
- Please wash/ sanitise your hands well and often
- Please maintain social distancing

\* Please do not attend Greenway if you are self-isolating \*

**Thank you for your support.**

*For further information on COVID-19 (Coronavirus) please check the following websites:*

Public Health Authority: <https://www.publichealth.hscni.net/covid-19-coronavirus>

NI Direct: <https://www.nidirect.gov.uk/campaigns/coronavirus-covid-19>

**Volunteering Opportunities at Greenway**

The Volunteer Programme at Greenway Women’s Centre is an excellent way to meet new people, develop new skills and build confidence and self esteem.

**Roles available: Reception\*; Drop-In\*; Cleaning\*; Childcare\*\***

*\*All volunteers must be successfully vetted through Access NI before they can commence their role.*

*\*\*All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

**Full training is provided prior to commencing any volunteering role.**

Please Note: Some roles may not be available at present due to health & safety restrictions.

**If you are interested in volunteering at Greenway Women’s Centre, please contact Lindsay Cooper on 028 9079 9912.**

**Greenway Women’s Centre Mailing List**

If you would like to receive information on classes and events at Greenway Women’s Centre please forward your name and email address to Greenway’s Training & Education Officer, Helen Smyth.

**T:** 028 9079 9912     **E:** [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)



The Red Box Project

**Greenway Women’s Centre is part of the Red Box Project**

The Red Box Project, coordinated by EBCDA, aims to ensure that every woman has access to free menstrual products in a bid to tackle period poverty.

At Greenway Women’s Centre we have a fully stocked Red Box containing a range of sanitary pads and tampons which you are free to take as and when required.

**Fundraising with AmazonSmile**

You can donate money to Greenway Women’s Centre when you buy items from Amazon through AmazonSmile! Simply sign in to your Amazon account through [www.smile.amazon.co.uk](http://www.smile.amazon.co.uk) and type in Greenway Women’s Centre to select us as your chosen charity or if you use the Amazon Shopping App make sure you have AmazonSmile turned on. You can buy the same products for the same price and access the same the services as you would at Amazon and every time you shop this way Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of eligible purchases to Greenway Women’s Centre. It won’t cost you any extra and it’s a great way to support Greenway and help us raise vital funds!

**For more information on AmazonSmile and how to support Greenway Women’s Centre please visit [www.smile.amazon.co.uk](http://www.smile.amazon.co.uk)**



**Greenway Women’s Centre is a recognised Safe Place for anyone affected by Domestic Violence**



**At Greenway Women’s Centre we offer:**

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities •
- Free Classes • Workshops • Special Events •

**Opening Hours:** 9am - 3.30pm Monday - Friday



**‘Providing local, accessible services to women and their families in Cregagh and the broader community since 1985’**

Greenway Women’s Group is a Company Limited by Guarantee No: NI381399  
Northern Ireland Registered Charity No. NI C100610  
Inland Revenue Charity No: XR34419

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If you would like to receive the Greenway newsletter by email each month, please contact [newsletter@greenwaywomenscentre.org](mailto:newsletter@greenwaywomenscentre.org) to be added to our mailing list.