



Greenway

Women's Centre

Monthly Newsletter

Welcome to the June 2022 edition of the Greenway Newsletter

Platinum Jubilee Holiday

Greenway Women's Centre will be closed on Thursday 2 June & Friday 3 June for the Spring bank holiday and Queen's Platinum Jubilee.

All Greenway services, including childcare provision, classes, group meetings, online services and family support will be unavailable on these dates.

The Centre will reopen on Monday 6 June 2022.

Health Day

Tuesday 14 June, 10am - 2pm

The Maternal Advocacy & Support (MAS) Group at Greenway Women's Centre is hosting a Health Day on Tuesday 14 June, between 10am and 2pm.

There will be information stalls from a wide range of organisations and an opportunity to discover more about the MAS Maternal Mental Health Project at Greenway.

Everyone welcome!



(Please register in advance for catering purposes.)

To register please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912

E: training@greenwaywomenscentre.org



Expansion of Childcare Services at Greenway

Childcare services at Greenway Women's Centre are expanding!

Following our recent renovations we hope to have our brand new Childcare facility up and running by September 2022, with provision for children aged 0-5 years.

We will be extending our Childcare opening hours to 8.30am-4.30pm Monday to Friday with the option of half sessions, either 8.30am-12.30pm or 12.30pm-1.30pm.

We aim to keep costs low at just £4.50 per hour!!!

If you would like more information or want to register interest, please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912

E: childcare@greenwaywomenscentre.org

(Please include your child's name and age with your preferred days/hours.)

The Greenway Childcare Team look forward to hearing from you!

Greenway Women's Centre Family Support Services

Greenway Family Support Services are available each weekday, 10am - 1.30pm.

For more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912

E: manager@greenwaywomenscentre.org

Women's Empowerment Programme

The Women's Empowerment Programme at Greenway Women's Centre is a free, accredited, women-only project designed to provide practical and positive work-based opportunities for women on their way to employment or training. The Programme includes personal development, Essential Skills, CV training, interview techniques and volunteering opportunities.

Sessions:

Mondays/ Tuesdays, 9.30am - 11.30am

If you are interested in taking part or would like more information please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org

This Programme is funded through National Lottery Community Fund Awards for All

Maternal Advocacy and Support (MAS) Project

Greenway Women's Centre hosts a weekly Maternal Mental Health peer support group, the MAS Project, which is designed to promote positive mental health and wellbeing for women who are pregnant or have children aged 0-3 years. The project also provides a platform for women to talk about their experiences in the health care system and advise on areas that could be developed to improve services for women in Northern Ireland.

Sessions:

Mondays/ Tuesdays, 11.30am - 1.30pm



If you are interested in getting involved with the MAS Project at Greenway please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org

Maternal Mental Health Awareness Week

During Maternal Mental Health Awareness Week last month, MAS Project groups attended an event at Ballybeen Women's Centre to talk about advocacy and campaigning and the need to improve maternal mental health services for women.

Karen and Stephanie from the MAS Project at Greenway Women's Centre gave a presentation about a survey that the MAS groups have developed and produced to campaign for funding for women to be trained as community counsellors.

Congratulations Karen and Stephanie!



ASD Awareness Training

Congratulations to everyone who completed and passed the Features of Autistic Spectrum Disorder training recently held at Greenway Women's Centre!

Thank you to Women Breaking Barriers NI and Autism NI who funded and delivered the course.



Support from Greenway Women's Centre is available Monday to Friday, via phone and email.

You can reach Greenway staff by telephone on 028 9079 9912.

Or you can contact Greenway staff by email:

Lindsay Cooper, Centre Manager: manager@greenwaywomenscentre.org

Helen Smyth, Training & Education Officer: training@greenwaywomenscentre.org

Greenway Childcare Team: childcare@greenwaywomenscentre.org

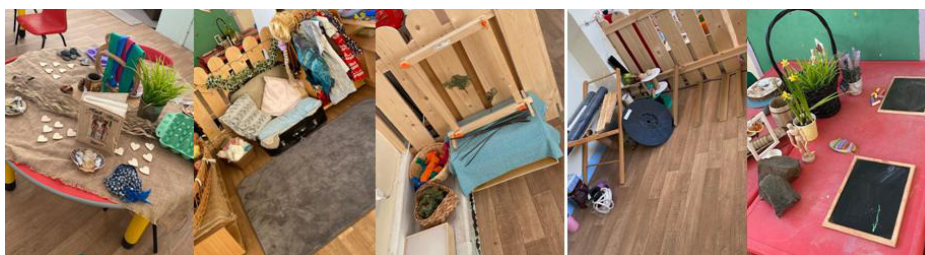
Greenway Childcare Services

We currently have FREE WCCF Childcare places for 2-3 year olds available in our Toddler Room!

Have you returned to work within the last 12 months following a period of unemployment*?
Or, are you currently in training or education AND in receipt of Income Support,
Universal Credit, Jobseekers Allowance (income based) or ESA?

If you answered YES to either question Greenway Women's Group can offer you
FREE* Childcare Monday to Friday from 9.30am, for up to 4 hours per day!

*Please Note: This does not apply when returning to work following Maternity Leave
(*WCCF Childcare Provision funded by Department for Communities)



Greenway's professional & highly qualified Childcare Team promote fun and creative ways of engaging children to learn and develop in an inclusive, non-judgmental, safe environment.

For more information on WCCF Childcare at Greenway Women's Centre please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912 **E:** childcare@greenwaywomenscentre.org

A Natter Matters

On Thursday evenings Helen hosts a Live Zoom Session so if you need a chat or just fancy a catch up please email training@greenwaywomenscentre.org for a link.

Greenway Women's Centre Covid-19 (Coronavirus) Health & Safety Procedures

At Greenway Women's Centre we provide a wide range of services for many different groups and so to minimise the risk of spreading Covid-19 (Coronavirus) and to protect everyone in our community as much as possible we ask everyone attending Greenway to continue to observe the remaining Health & Safety procedures we have in place.

- Please wear a face covering/mask inside the Greenway building.
- Please use the hand sanitiser provided at Reception before signing in.
 - Please maintain social distancing throughout the building.
- Please use the hand sanitiser provided before entering and when leaving each room.
 - Please observe the social distancing markings that are in place in all training rooms.
- Please remember to sign out when leaving the building and use the hand sanitiser provided.

Please be mindful that there may be service users, staff or volunteers within Greenway Women's Centre who are particularly vulnerable to infection.

- Please wear a face covering/mask inside the building ■
- Please wash/sanitise your hands well and often ■
- Please maintain social distancing ■
- * Please do not attend Greenway if you are self-isolating *

Thank you for your continued support.

For further information on COVID-19 (Coronavirus) please check the following websites:

Public Health Authority: <https://www.publichealth.hscni.net/covid-19-coronavirus>

NI Direct: <https://www.nidirect.gov.uk/campaigns/coronavirus-covid-19>

Volunteering Opportunities at Greenway

The Volunteer Programme at Greenway Women’s Centre is an excellent way to meet new people, develop new skills and build confidence and self esteem.

Roles available: Reception*; Drop-In*; Cleaning*; Childcare**

**All volunteers must be successfully vetted through Access NI before they can commence their role.*

***All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

Please Note: Some roles may not be available at present due to health & safety restrictions.

If you are interested in volunteering at Greenway Women’s Centre, please contact Lindsay Cooper on 028 9079 9912.

Greenway Women’s Centre Mailing List

If you would like to receive information on classes and events at Greenway Women’s Centre please forward your name and email address to Greenway’s Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org



The Red Box Project

Greenway Women’s Centre is part of the Red Box Project

The Red Box Project, coordinated by EBCDA, aims to ensure that every woman has access to free menstrual products in a bid to tackle period poverty.

At Greenway Women’s Centre we have a fully stocked Red Box containing a range of sanitary pads and tampons which you are free to take as and when required.

Fundraising with AmazonSmile

You can donate money to Greenway Women’s Centre when you buy items from Amazon through AmazonSmile! Simply sign in to your Amazon account through www.smile.amazon.co.uk and type in Greenway Women’s Centre to select us as your chosen charity or if you use the Amazon Shopping App make sure you have AmazonSmile turned on. You can buy the same products for the same price and access the same the services as you would at Amazon and every time you shop this way Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of eligible purchases to Greenway Women’s Centre. It won’t cost you any extra and it’s a great way to support Greenway and help us raise vital funds!

For more information on AmazonSmile and how to support Greenway Women’s Centre please visit www.smile.amazon.co.uk



Greenway Women’s Centre is a recognised Safe Place for anyone affected by Domestic Violence



At Greenway Women’s Centre we offer:

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities •
- Free Classes • Workshops • Special Events •

Opening Hours: 9am - 3.30pm Monday - Friday



‘Providing local, accessible services to women and their families in Cregagh and the broader community since 1985’

Greenway Women’s Group is a Company Limited by Guarantee No: NI381399
Northern Ireland Registered Charity No. NI C100610
Inland Revenue Charity No: XR34419

19-23 Greenway, Cregagh Estate, Belfast BT6 0DT

T:028 9079 9912 **E:**manager@greenwaywomenscentre.org **W:**www.greenwaywomenscentre.org

If you would like to receive the Greenway newsletter by email each month, please contact newsletter@greenwaywomenscentre.org to be added to our mailing list.