



Greenway Women's Centre

Monthly Newsletter

Welcome to the Summer 2022 edition of the Greenway Newsletter

Summer Holiday

Greenway Women's Centre will be closed from Monday 4 July to Friday 15 July for the Summer Break. All Greenway services, including childcare provision, classes, group meetings, online services and family support will be unavailable during this time. The Centre will reopen on Monday 18 July 2022.

Summer Bank Holiday

Greenway Women's Centre will also be closed on Monday 29 August for the Summer bank holiday. All Greenway services, including childcare provision, classes, group meetings, online services and family support will be unavailable on this date. The Centre will reopen on Tuesday 30 August 2022.

MAS Health Day

The Maternal Advocacy & Support (MAS) Group at Greenway Women's Centre hosted a Health Day on Tuesday 14 June and the event was a huge success!

It was wonderful to welcome visitors back to Greenway and we would like to thank everyone who came along. Thanks also to Helen and the Greenway MAS Group who organised the event, the Greenway volunteers who helped out on the day and all the organisations who hosted information stands or provided leaflets.

- ASCERT Drugs and Alcohol Services ● Autism NI ● Aware NI ● Belfast Works ●
- CAP UK ● East Belfast Community Development Agency ● Employers for Childcare ●
- Informing Choices NI ● Life Charity ● Nexus NI ●
- Policing & Community Safety Partnership ● Survivors of Suicide ●
- Women's Aid ● Women's Resource & Development Agency ●
- Together NI ● Belfast Met ● Bryson Energy ●





Goals Training Programme
Congratulations to everyone who took part in the recent Goals Training Programme at Greenway Women's Centre. The 3-day course was delivered by Women Breaking Barriers NI.



Belfast Harbour Boat Trip

Thank you to Belfast Harbour Commissioners for the amazing boat ride around the Harbour and Lagan to celebrate Belfast Harbour's 175th Birthday!



Women's Empowerment Project
Congratulations to the ladies from the Women's Empowerment Project who recently completed a 4-week course of Yoga and Cookery sessions!



Volunteer Celebration Lunches

In recognition of the time and commitment they give to Greenway, Board members and volunteers were recently treated to celebration lunches at H&W Welders Club. Great food, great company and a great time had by all!



Women's Empowerment Programme - New Sessions Starting September 2022

The Women's Empowerment Programme at Greenway Women's Centre is a free, accredited, women-only project designed to provide practical and positive work-based opportunities for women on their way to employment or training. The Programme includes personal development, Essential Skills, CV training, interview techniques and volunteering opportunities.

If you are interested in taking part or would like more information please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org

This Programme is funded through National Lottery Community Fund Awards for All

Maternal Advocacy and Support (MAS) Project - New Sessions Starting September 2022

Greenway Women's Centre hosts a weekly Maternal Mental Health peer support group, the MAS Project, which is designed to promote positive mental health and wellbeing for women who are pregnant or have children aged 0-3 years. The project also provides a platform for women to talk about their experiences in the health care system and advise on areas that could be developed to improve services for women in Northern Ireland.



If you are interested in getting involved with the MAS Project at Greenway please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org

A Natter Matters

During the summer period Helen will be hosting Live Zoom Sessions on Tuesday and Thursday evenings so if you need a chat or just fancy a catch up please email training@greenwaywomenscentre.org for a link.

Support from Greenway Women's Centre is available Monday to Friday, via phone and email.

You can reach Greenway staff by telephone on 028 9079 9912.

Or you can contact Greenway staff by email:

Lindsay Cooper, Centre Manager: manager@greenwaywomenscentre.org

Helen Smyth, Training & Education Officer: training@greenwaywomenscentre.org

Greenway Childcare Team: childcare@greenwaywomenscentre.org

Greenway Women's Centre Family Support Services

Greenway Family Support Services are available each weekday, 10am - 1.30pm.

For more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912

E: manager@greenwaywomenscentre.org



Expansion of Childcare Services at Greenway

Childcare services at Greenway Women's Centre are expanding!

Following our recent renovations we hope to have our brand new Childcare facility up and running by September 2022, with provision for children aged 0-5 years. We will be extending our Childcare opening hours to 8.30am-4.30pm Monday to Friday with the option of half sessions, either 8.30am-12.30pm or 12.30pm-1.30pm.

We aim to keep costs low at just £4.50 per hour!!!

If you would like more information or want to register interest, please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912

E: childcare@greenwaywomenscentre.org

(Please include your child's name and age with your preferred days/hours.)

WCCF Childcare Provision

We currently have FREE WCCF Childcare places for 2-3 year olds available in our Toddler Room!

Have you returned to work within the last 12 months following a period of unemployment*?

Or, are you currently in training or education AND in receipt of Income Support, Universal Credit, Jobseekers Allowance (income based) or ESA?

If you answered YES to either question Greenway Women's Group can offer you FREE* Childcare Monday to Friday from 9.30am, for up to 4 hours per day!

*Please Note: This does not apply when returning to work following Maternity Leave
(*WCCF Childcare Provision funded by Department for Communities)

For more information on WCCF Childcare at Greenway Women's Centre please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912

E: childcare@greenwaywomenscentre.org

Covid-19 (Coronavirus) Health & Safety

When visiting Greenway please be mindful that there may be service users, staff or volunteers within Centre who are particularly vulnerable to infection.

- Please wear a face covering/mask inside the building ■
- Please wash/sanitise your hands well and often ■ Please maintain social distancing ■
- * Please do not attend Greenway if you are self-isolating *

Thank you for your continued support.

For further information on COVID-19 (Coronavirus) please check the following websites:

Public Health Authority: <https://www.publichealth.hscni.net/covid-19-coronavirus>

NI Direct: <https://www.nidirect.gov.uk/campaigns/coronavirus-covid-19>

Volunteering Opportunities at Greenway

The Volunteer Programme at Greenway Women’s Centre is an excellent way to meet new people, develop new skills and build confidence and self esteem.

Roles available: Reception*; Drop-In*; Cleaning*; Childcare**

**All volunteers must be successfully vetted through Access NI before they can commence their role.*

***All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

Please Note: Some roles may not be available at present due to health & safety restrictions.

If you are interested in volunteering at Greenway Women’s Centre, please contact Lindsay Cooper on 028 9079 9912.

Greenway Women’s Centre Mailing List

If you would like to receive information on classes and events at Greenway Women’s Centre please forward your name and email address to Greenway’s Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org



The Red Box Project

Greenway Women’s Centre is part of the Red Box Project

The Red Box Project, coordinated by EBCDA, aims to ensure that every woman has access to free menstrual products in a bid to tackle period poverty.

At Greenway Women’s Centre we have a fully stocked Red Box containing a range of sanitary pads and tampons which you are free to take as and when required.

Fundraising with AmazonSmile

You can donate money to Greenway Women’s Centre when you buy items from Amazon through AmazonSmile! Simply sign in to your Amazon account through www.smile.amazon.co.uk and type in Greenway Women’s Centre to select us as your chosen charity or if you use the Amazon Shopping App make sure you have AmazonSmile turned on. You can buy the same products for the same price and access the same the services as you would at Amazon and every time you shop this way Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of eligible purchases to Greenway Women’s Centre. It won’t cost you any extra and it’s a great way to support Greenway and help us raise vital funds!

For more information on AmazonSmile and how to support Greenway Women’s Centre please visit www.smile.amazon.co.uk



Greenway Women’s Centre is a recognised Safe Place for anyone affected by Domestic Violence



At Greenway Women’s Centre we offer:

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities •
- Free Classes • Workshops • Special Events •

Opening Hours: 9am - 3.30pm Monday - Friday



‘Providing local, accessible services to women and their families in Cregagh and the broader community since 1985’

Greenway Women’s Group is a Company Limited by Guarantee No: NI381399
Northern Ireland Registered Charity No. NI C100610
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If you would like to receive the Greenway newsletter by email each month, please contact newsletter@greenwaywomenscentre.org to be added to our mailing list.