

Volunteer Programme

Do you:

- ★ want to get out of the house?
- ★ need to build up confidence?
- ★ want to meet new people?
- ★ need time for yourself?

If you answered 'yes' to any of these questions then contact us to find out what we can offer you!

Volunteering Roles include:

Reception
Drop-In Café
Cleaning
Childcare

Full training is provided prior to commencement of any volunteering role.

For further details and information about volunteering at Greenway please contact Greenway's

Centre Manager, Lindsay Cooper:
T: 028 9079 9912

E: manager@greenwaywomenscentre.org

Family Support

Greenway provides a range of services and activities for women and their families.

As well as information and support regarding parenting issues, Greenway's Family Support Services also offer a wide variety of training and education opportunities for parents, including parent and family learning workshops, parenting information sessions, money management programmes and stress management courses.

If you fancy a chat or want to know more about the Family Support Service please contact Greenway's

Centre Manager, Lindsay Cooper:
T: 028 9079 9912

E: manager@greenwaywomenscentre.org

Other Groups at Greenway

Recycled Teenagers

For women over 50

Sessions:

Tuesday mornings (times vary)

Cost:

Please speak to Tutor

If you would like to take part in this group please contact Greenway Women's Centre.

T: 028 9079 9912

Focus Groups/One-off Workshops

Expression of Interest:

If you would like to take part in Focus Groups or one-off Workshops please register with Greenway's Training & Education Officer, Helen Smyth:

T: 028 9079 9912

E: training@greenwaywomenscentre.org

MAS Maternal Mental Health Project

Peer Support Mentoring,
Advocacy, Campaigning

For women who are pregnant or have children aged 0-3 years

Sessions:

Monday 11.30am-1.30pm

Tuesday 11.30am-1.30pm

FREE

For more information please contact Greenway's Training & Education Officer, Helen Smyth:

T: 028 9079 9912

E: training@greenwaywomenscentre.org

Women's Empowerment Project

For Women aged 25-44

Sessions:

Monday 9.30am-11.30am

Tuesday 9.30am-11.30am

FREE

For more information please contact Greenway's Training & Education Officer, Helen Smyth:

T: 028 9079 9912

E: training@greenwaywomenscentre.org

Greenway Women's Group

SERVICE PROGRAMME

September 2022



'Greenway Women's Group exists to provide positive opportunities for women to achieve their potential, through recognising and respecting them as individuals.'

We achieve this by breaking down the barriers which prevent women's full participation in society; specifically targeting social need within Cregagh and surrounding areas.'

Greenway Women's Centre

19-23 Greenway
Cregagh Estate
Belfast BT6 0DT

T: 028 9079 9912

E: manager@greenwaywomenscentre.org

www.greenwaywomenscentre.org

www.facebook.com/GreenwayWomensCentre

Greenway Childcare Services



At Greenway Childcare Services we offer high quality, affordable Day Care for pre-school children, from birth until their fourth birthday, alongside WCCF Funded Day Care and Sponsored Day Care.

In Autumn 2022 we will be opening our new, purpose-built childcare facility and expanding our services to include both full time and part time private Day Care, with extended opening hours from 8.30am to 4.30pm, Monday to Friday.

New Rates From September 2022: ONLY £4.50 per hour!

We also offer Childcare provision for students and volunteers attending Greenway Women's Centre and intervention services by way of respite care and parent/carer support sessions.

Greenway Childcare Staff are fully vetted by Social Services and trained in Childcare & Education, Child Protection, First Aid and Health & Hygiene and our Childcare Staff regularly take part in further training in childcare-related courses to ensure that we continue to offer the best standards to your child at all times.

For further details on Greenway Childcare Services please contact one of our Childcare Co-Managers,

Jodie Wilson & Natalie Horrocks:
T: 028 9079 9912

E: childcare@greenwaywomenscentre.org

Day	Class/Group	Start Date	Time	Duration	Cost/Extra Notes
MONDAY	Computers Level 1	19 th September 2022	9.30am-11.30am	17 or 30 weeks	Voluntary donation £10 (accredited course)
	Women's Empowerment Project (1)	19 th September 2022	9.30am-11.30am	Ongoing	Free
	MAS Maternal Mental Health Project (1)	19 th September 2022	11.30am-1.30pm	Ongoing	Free
	Essential Skills: Numeracy	19 th September 2022	9.30am-11.30am	17 or 30 weeks	Voluntary donation £10 (accredited course)
	Crafty Ladies	19 th September 2022	10.30am-12.30pm	10 weeks	Voluntary donation £10 (Crafts include knitting, sewing etc)
TUESDAY	Computers Level 1	20 th September 2022	9.30am-11.30am	17 or 30 weeks	Voluntary donation £10 (accredited course)
	Women's Empowerment Project (2)	20 th September 2022	9.30am-11.30am	Ongoing	Free
	MAS Maternal Mental Health Project (2)	20 th September 2022	11.30am-1.30pm	Ongoing	Free
WEDNESDAY	Women & Social Change	21 st September 2022	10.00am-12.00pm	6 weeks	Free cross community project in partnership with Falls Women's Centre (accredited course)
	Essential Skills: ICT	21 st September 2022	9.30am-12.30pm	6 weeks	Free (accredited course)
THURSDAY	Essential Skills: Literacy	22 nd September 2022	9.30am-11.30am	17 or 30 weeks	Voluntary donation £10 (accredited course)
FRIDAY	Cross Community Project	23 rd September 2022	10.00am-12.00pm	8 weeks	Free cross community project in partnership with Voices Women's Group (for women aged 50 years+)
	Mental Health Awareness	23 rd September 2022	9.30am-11.30am	2 hour course	Free
	Awareness of Domestic Violence Abuse	30 th September 2022	9.30am-11.30am	2 hour course	Free
	Self Neglect Training	7 th October 2022	9.30am-11.30am	2 hour course	Free
	MS Introduction to Microsoft Word	14 th October 2022	9.30am-12.30pm	3 hour course	Free
	Level 2 Food Safety & Hygiene Training	21 st October 2022	9.30am-1.30pm	4 hour course	Free

► **Enrolment Week: Monday 5 September to Friday 9 September, 9.30am-1.30pm daily** ◀

Please Note: You must enrol in person for all classes. Just drop in to Greenway Women's Centre during Enrolment Week to register!

If you would like to discuss any aspect of the programme please contact Greenway's Training & Education Officer, Helen Smyth.

Telephone: 028 9079 9912 ext 205 (9am-2pm) **Email:** training@greenwaywomenscentre.org

Greenway Women's Centre also offers one-off workshops, classes and events throughout the year. If you would like to be added to our mailing list to receive information on these, please forward your name and email address to training@greenwaywomenscentre.org

Greenway Women's Centre 19-23 Greenway, Belfast, BT6 0DT T: 028 9079 9912

E: manager@greenwaywomenscentre.org **F:** www.facebook.com/GreenwayWomensCentre **W:** www.greenwaywomenscentre.org