

Greenway

Women's Centre

Monthly Newsletter

Welcome to the October 2022 edition of the Greenway Newsletter

Staff Team Update

The Board of Directors would like to welcome Julieanne Thompson to the Greenway Staff Team. Julieanne is a familiar face at Greenway, having been involved with the Centre for many years, as both a volunteer and a Board Member. We are delighted that Julieanne has joined the Staff Team in a new role as Domestic Assistant and look forward to her famous scones and sausage rolls being back on the menu at the Greenway Drop-In!

Courses at Greenway

Do you want to improve your Maths, English or ICT skills and gain a recognised qualification?

Maths - Essential Skills [Numeracy]: Mondays, 9.30am-11.30am (17 or 30 weeks)

English - Essential Skills [Literacy]: Thursdays, 9.30am-11.30am (17 or 30 weeks)

Computers - Essential Skills [ICT]: Wednesdays, 9.30am-12.30pm (6 weeks)

We also have spaces available on the following free training sessions:

Self Neglect Training: Friday 7 October, 9.30am-11.30am

Level 2 Food Safety & Hygiene: Friday 21 October, 9.30am-1.30pm

To register or get more information on courses at Greenway Women's Centre please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org

East Belfast Chatty Benches



Over the past few weeks these bright and cheerful benches have been placed in various community locations across East Belfast as a visual reminder to keep connecting with each other. We are delighted to have a Chatty Bench located at the front of the Greenway building, offering a comfy and colourful safe space to chat and stay connected!



Support from Greenway Women's Centre is available Monday to Friday:

You can reach Greenway staff by telephone on 028 9079 9912.

Or you can contact Greenway staff by email:

Lindsay Cooper, Centre Manager: manager@greenwaywomenscentre.org

Helen Smyth, Training & Education Officer: training@greenwaywomenscentre.org

Greenway Childcare Team: childcare@greenwaywomenscentre.org

Women's Empowerment Programme

The Women's Empowerment Programme at Greenway Women's Centre is a free, accredited, women-only project designed to provide practical and positive work-based opportunities for women on their way to employment or training. The Programme includes personal development, Essential Skills, CV training, interview techniques and volunteering opportunities.

Weekly Sessions: Mondays/Tuesdays, 9.30am-11.30am

If you are interested in taking part or would like more information please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org

This Programme is funded through National Lottery Community Fund Awards for All

MAs Project - Maternal Advocacy and Support

Greenway Women's Centre hosts a weekly Maternal Mental Health peer support groups, as part of the MAs Project, which is designed to promote positive mental health and wellbeing for women who are pregnant or have children aged 0-3 years. The project also provides a platform for women to talk about their experiences in the health care system and advise on areas that could be developed to improve services for women in Northern Ireland.

Weekly Sessions: Mondays/Tuesdays, 11.30am-1.30pm



If you are interested in getting involved with the MAs Project at Greenway please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org

A Natter Matters

On Thursday evenings Helen hosts a Live Zoom Session so if you need a chat or just fancy a catch up please email training@greenwaywomenscentre.org for a link.

Greenway Women's Centre Family Support Services

Greenway Family Support Services are available each weekday between 10am and 1.30pm.

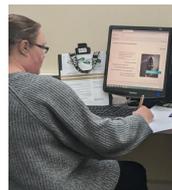
To access our Family Support Services or get more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912 **E:** manager@greenwaywomenscentre.org

Mental Health Awareness Training

Congratulations to everyone who took part in our recent Mental Health Awareness training!

The session was funded by Belfast Harbour Community Awards.



Employability East Belfast Community Event

Students from Greenway Women's Centre attended the Employability East Belfast Community Event which was held at the Skainos Centre last month to celebrate past and present Employability clients.

Celebrate East

Thank you to EBCDA for inviting the Greenway Volunteers to the recent Celebrate East event held at CS Lewis Square. It was a lovely morning of fun and entertainment. Everyone who was able to attend had a wonderful time dancing in the sunshine!



Greenway Childcare Services

'High quality, affordable Childcare services for pre-school children from birth until their fourth birthday'



Greenway's professional & highly qualified Childcare Team promote fun and creative ways of engaging children to learn & develop in an inclusive, non-judgmental, safe environment.

We have Huge News!!!

We are delighted to announce the first stage of our long-awaited Childcare expansion will begin this month, with the opening of the Baby Room for children aged 0-2 years in our new Childcare building. From Monday 3 October our Childcare services will available between 8.30am and 1.30pm daily, with Private Day Care Sessions available Monday to Friday for only £4.50 per hour. Moving forward, we hope to be able to extend our opening hours further in the coming months and open additional rooms as the need arises.

To book Day Care Sessions, register future interest or get more information please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912 **E:** childcare@greenwaywomenscentre.org

WCCF Childcare Provision

At Greenway we offer WCCF funded childcare for children from birth until their fourth birthday. If you have pre-school aged children and you have either returned to work within the last 12 months following a period of unemployment* or are currently in training or education and in receipt of Income Support, Universal Credit, Jobseekers Allowance (income based) or ESA we may be able to meet your childcare needs!

If you answered YES Greenway Women's Group may be able to offer you FREE** Childcare Monday to Friday from 9.30am, for up to 4 hours per day!

*Please Note: This does not apply when returning to work following Maternity Leave (**WCCF Childcare Provision funded by Department for Communities)

For more information on WCCF Childcare at Greenway Women's Centre please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912 **E:** childcare@greenwaywomenscentre.org

Live life COVID-aware

When attending Greenway Women's Centre please play your part in helping to minimise the risk of spreading Covid-19 (Coronavirus) within our community.
Thank you for your continued support.

Volunteering Opportunities at Greenway

The Volunteer Programme at Greenway Women's Centre is an excellent way to meet new people, develop new skills and build confidence and self esteem.

Roles available: Reception*; Drop-In*; Cleaning*; Childcare**

**All volunteers must be successfully vetted through Access NI before they can commence their role.*

***All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

If you are interested in volunteering at Greenway Women's Centre, please contact Lindsay Cooper on 028 9079 9912.

Greenway Women's Centre Mailing List

If you would like to receive information on classes and events at Greenway Women's Centre please forward your name and email address to Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org



The Red Box Project

Greenway Women's Centre is part of the Red Box Project

The Red Box Project, coordinated by EBCDA, aims to ensure that every woman has access to free menstrual products in a bid to tackle period poverty.

At Greenway Women's Centre we have a fully stocked Red Box containing a range of sanitary pads and tampons which you are free to take as and when required.

Fundraising with AmazonSmile

You can donate money to Greenway Women's Centre when you buy items from Amazon through AmazonSmile! Simply sign in to your Amazon account through www.smile.amazon.co.uk and type in Greenway Women's Centre to select us as your chosen charity or if you use the Amazon Shopping App make sure you have AmazonSmile turned on. You can buy the same products for the same price and access the same the services as you would at Amazon and every time you shop this way Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of eligible purchases to Greenway Women's Centre. It won't cost you any extra and it's a great way to support Greenway and help us raise vital funds!

For more information on AmazonSmile and how to support Greenway Women's Centre please visit www.smile.amazon.co.uk



Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence



At Greenway Women's Centre we offer:

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities •
- Free Classes • Workshops • Special Events •

Opening Hours: 9am - 3.30pm Monday - Friday



'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'

Greenway Women's Group is a Company Limited by Guarantee No: NI381399
Northern Ireland Registered Charity No. NI C100610
Inland Revenue Charity No: XR34419

19-23 Greenway, Cregagh Estate, Belfast BT6 0DT

T:028 9079 9912 **E:**manager@greenwaywomenscentre.org **W:**www.greenwaywomenscentre.org

If you would like to receive the Greenway newsletter by email each month, please contact newsletter@greenwaywomenscentre.org to be added to our mailing list.