

Greenway

Women's Centre

Monthly Newsletter

Welcome to the September 2022 edition of the Greenway Newsletter



The Board of Directors, Staff and Volunteers at Greenway Women's Centre were deeply saddened by the passing of Her Majesty Queen Elizabeth II and we extend our heartfelt condolences to the Royal Family at this difficult time.

As a mark of respect and in remembrance of Her Majesty's lifetime of public service Greenway Women's Centre will be closed on Monday 19 September 2022.

Essential Skills Courses at Greenway

An Essential Skills course can help improve your reading, writing, maths or computer proficiency to make you more employable across a whole range of different jobs. Essential Skills courses are available to anyone over the age of 16 who wants to improve their literacy, numeracy or ICT skills and gain recognised qualifications, either to help secure a job or for ongoing personal development. Greenway offers OCR Basic Skills Awards in Literacy, Numeracy and ICT at Basic, Level 1 and Level 2.

Essential Skills Courses starting this September:

Essential Skills: Literacy

Thursdays, 9.30am-11.30am (17 or 30 weeks) Voluntary donation £10 [accredited course]

Essential Skills: Numeracy

Mondays, 9.30am-11.30am (17 or 30 weeks) Voluntary donation £10 [accredited course]

Essential Skills: ICT

Wednesdays, 9.30am-12.30pm (6 weeks) Free [accredited course]

To register or get more information on Essential Skills courses at Greenway Women's Centre please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org

COVID-19 (Coronavirus)

As the new term begins at Greenway Women's Centre we would like to remind everyone to remain aware of the risk that Covid-19 (Coronavirus) continues to present and be mindful that there may be service users, staff or volunteers within Centre who are particularly vulnerable to infection.

When attending Greenway Women's Centre please play your part in helping to minimise the risk of spreading Covid-19 (Coronavirus) within our community.

Thank you for your continued support.

For further information on COVID-19 (Coronavirus) please check the following websites:

Public Health Authority: <https://www.publichealth.hscni.net/covid-19-coronavirus>

NI Direct: <https://www.nidirect.gov.uk/campaigns/coronavirus-covid-19>

Women's Empowerment Programme

The Women's Empowerment Programme at Greenway Women's Centre is a free, accredited, women-only project designed to provide practical and positive work-based opportunities for women on their way to employment or training. The Programme includes personal development, Essential Skills, CV training, interview techniques and volunteering opportunities.

Weekly Sessions: Mondays/Tuesdays, 9.30am-11.30am

If you are interested in taking part or would like more information please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org

This Programme is funded through National Lottery Community Fund Awards for All

MAs Project - Maternal Advocacy and Support

Greenway Women's Centre hosts a weekly Maternal Mental Health peer support group, the MAs Project, which is designed to promote positive mental health and wellbeing for women who are pregnant or have children aged 0-3 years. The project also provides a platform for women to talk about their experiences in the health care system and advise on areas that could be developed to improve services for women in Northern Ireland.

Weekly Sessions: Mondays/Tuesdays, 11.30am-1.30pm



If you are interested in getting involved with the MAs Project at Greenway please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org

A Natter Matters

On Thursday evenings Helen hosts a Live Zoom Session so if you need a chat or just fancy a catch up please email training@greenwaywomenscentre.org for a link.

Greenway Women's Centre Family Summer Scheme

We held our annual Family Summer Scheme in August, with visits to Carnfunnock Country Park, Ark Farm, CS Lewis Square, Stormont Park, Delamont Country Park, Portrush, the Gruffalo Trail, the Ulster Museum and Botanic Gardens, Bangor, Seapark, Ormeau Park and Newcastle.

We would like to thank the Greenway Staff and Volunteers who acted as chaperones and huge thanks once again to all the families who came along!!!



Expansion of Childcare Services at Greenway Women's Centre

At Greenway Women's Centre we offer high quality, affordable Childcare services for pre-school children from birth until their fourth birthday and we are delighted to be expanding our services and opening hours this Autumn!

Private Day Care Sessions Available Monday to Friday

Half Day (morning): 8.30am-12.30pm

Half Day (afternoon): 12.30pm-4.30pm

Full Day: 8.30am-4.30pm

Only £4.50 per hour!



Greenway's professional & highly qualified Childcare Team promote fun and creative ways of engaging children to learn & develop in an inclusive, non-judgmental, safe environment.

We currently have places available in our Toddler Room for children aged 2-3 years.

To book day care sessions for your child, register future interest or get more information please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912

E: childcare@greenwaywomenscentre.org

(Please include details of your child's name and age with your preferred days/hours.)

WCCF Childcare Provision

Have you returned to work within the last 12 months following a period of unemployment*?

Or, are you currently in training or education AND in receipt of Income Support, Universal Credit, Jobseekers Allowance (income based) or ESA?

If you answered YES to either question Greenway Women's Group can offer you FREE** Childcare Monday to Friday from 9.30am, for up to 4 hours per day!

*Please Note: This does not apply when returning to work following Maternity Leave
(**WCCF Childcare Provision funded by Department for Communities)

For more information on WCCF Childcare at Greenway Women's Centre please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912

E: childcare@greenwaywomenscentre.org

Greenway Women's Centre Family Support Services

Greenway Family Support Services are available each weekday, 10am - 1.30pm.

To access Family Support Services or get more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912

E: manager@greenwaywomenscentre.org

Support from Greenway Women's Centre is available Monday to Friday, via phone and email.

You can reach Greenway staff by telephone on 028 9079 9912.

Or you can contact Greenway staff by email:

Lindsay Cooper, Centre Manager: manager@greenwaywomenscentre.org

Helen Smyth, Training & Education Officer: training@greenwaywomenscentre.org

Greenway Childcare Team: childcare@greenwaywomenscentre.org

Volunteering Opportunities at Greenway

The Volunteer Programme at Greenway Women's Centre is an excellent way to meet new people, develop new skills and build confidence and self esteem.

Roles available: Reception*; Drop-In*; Cleaning*; Childcare**

**All volunteers must be successfully vetted through Access NI before they can commence their role.*

***All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

If you are interested in volunteering at Greenway Women's Centre, please contact Lindsay Cooper on 028 9079 9912.

Greenway Women's Centre Mailing List

If you would like to receive information on classes and events at Greenway Women's Centre please forward your name and email address to Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org



The Red Box Project

Greenway Women's Centre is part of the Red Box Project

The Red Box Project, coordinated by EBCDA, aims to ensure that every woman has access to free menstrual products in a bid to tackle period poverty.

At Greenway Women's Centre we have a fully stocked Red Box containing a range of sanitary pads and tampons which you are free to take as and when required.

Fundraising with AmazonSmile

You can donate money to Greenway Women's Centre when you buy items from Amazon through AmazonSmile! Simply sign in to your Amazon account through www.smile.amazon.co.uk and type in Greenway Women's Centre to select us as your chosen charity or if you use the Amazon Shopping App make sure you have AmazonSmile turned on. You can buy the same products for the same price and access the same the services as you would at Amazon and every time you shop this way Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of eligible purchases to Greenway Women's Centre. It won't cost you any extra and it's a great way to support Greenway and help us raise vital funds!

For more information on AmazonSmile and how to support Greenway Women's Centre please visit www.smile.amazon.co.uk



Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence



At Greenway Women's Centre we offer:

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities •
- Free Classes • Workshops • Special Events •

Opening Hours: 9am - 3.30pm Monday - Friday



'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'

Greenway Women's Group is a Company Limited by Guarantee No: NI381399
Northern Ireland Registered Charity No. NI C100610
Inland Revenue Charity No: XR34419

19-23 Greenway, Cregagh Estate, Belfast BT6 0DT

T:028 9079 9912 **E:**manager@greenwaywomenscentre.org **W:**www.greenwaywomenscentre.org

If you would like to receive the Greenway newsletter by email each month, please contact newsletter@greenwaywomenscentre.org to be added to our mailing list.