

## Volunteer Programme

Do you:

- ★ want to get out of the house?
- ★ need to build up confidence?
- ★ want to meet new people?
- ★ need time for yourself?

If you answered 'yes' to any of these questions then contact us to find out what we can offer you!

Volunteering Roles include:

Reception  
Drop-In Café  
Cleaning  
Childcare

*Full training is provided prior to commencement of any volunteering role.*

**For further details and information about volunteering at Greenway please contact Greenway's**

**Centre Manager, Lindsay Cooper:**  
T: 028 9079 9912

E: [manager@greenwaywomenscentre.org](mailto:manager@greenwaywomenscentre.org)

## Family Support

Greenway provides a range of services and activities for women and their families.

As well as information and support regarding parenting issues, Greenway's Family Support Services also offer a wide variety of training and education opportunities for parents, including parent and family learning workshops, parenting information sessions, money management programmes and stress management courses.

**If you fancy a chat or want to know more about the Family Support Service please contact Greenway's**

**Centre Manager, Lindsay Cooper:**  
T: 028 9079 9912

E: [manager@greenwaywomenscentre.org](mailto:manager@greenwaywomenscentre.org)

## Other Groups at Greenway

### Recycled Teenagers

**For women over 50**

Sessions:

**Tuesday mornings (times vary)**

Cost:

**Please speak to Tutor**

If you would like to take part in this group please contact Greenway Women's Centre.

T: 028 9079 9912

### Focus Groups/One-off Workshops

*Expression of Interest:*

If you would like to take part in Focus Groups or one-off Workshops please register with Greenway's Training & Education Officer, Helen Smyth:

T: 028 9079 9912

E: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

### Mas Maternal Mental Health Project

Peer Support Mentoring,  
Advocacy, Campaigning

**For women who are pregnant or have children aged 0-3 years**

Sessions:

**Monday 11.30am-1.30pm**

**Tuesday 11.30am-1.30pm**

**Thursday 11.30am-1.30pm**

**FREE**

For more information please contact Greenway's Training & Education Officer, Helen Smyth:

T: 028 9079 9912

E: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

### Women's Empowerment Project

**For Women aged 25-44**

Sessions:

**Monday 9.30am-11.30am**

**Tuesday 9.30am-11.30am**

**Thursday 9.30am-11.30am**

**FREE**

For more information please contact Greenway's Training & Education Officer, Helen Smyth:

T: 028 9079 9912

E: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

## Greenway Women's Group

# SERVICE PROGRAMME

## January 2023



**'Greenway Women's Group exists to provide positive opportunities for women to achieve their potential, through recognising and respecting them as individuals.'**

***We achieve this by breaking down the barriers which prevent women's full participation in society; specifically targeting social need within Cregagh and surrounding areas.'***

### Greenway Women's Centre

19-23 Greenway  
Cregagh Estate  
Belfast BT6 0DT

T: 028 9079 9912

E: [manager@greenwaywomenscentre.org](mailto:manager@greenwaywomenscentre.org)

[www.greenwaywomenscentre.org](http://www.greenwaywomenscentre.org)

[www.facebook.com/GreenwayWomensCentre](https://www.facebook.com/GreenwayWomensCentre)

## Greenway Childcare Services



At Greenway Childcare Services we offer high quality, affordable Day Care for pre-school children, from birth until their fourth birthday, alongside WCCF Funded Day Care and Sponsored Day Care.

We also offer Childcare provision for students and volunteers attending Greenway Women's Centre and intervention services by way of respite care and parent/carer support sessions.

Greenway Childcare Services are currently available 8.30am to 1.30pm, Monday to Friday.

**Private Day Care Sessions Available ONLY £4.50 per hour!**

Greenway Childcare Staff are fully vetted by Social Services and trained in Childcare & Education, Child Protection, First Aid and Health & Hygiene and our Childcare Staff regularly take part in further training in childcare-related courses to ensure that we continue to offer the best standards to your child at all times.

**For further details on Greenway Childcare Services please contact one of our Childcare Co-Managers,**

**Jodie Wilson & Natalie Horrocks:**  
T: 028 9079 9912

E: [childcare@greenwaywomenscentre.org](mailto:childcare@greenwaywomenscentre.org)

Day	Class/Group	Start Date	Time	Duration	Cost/Extra Notes
<b>MONDAY</b>	Women's Empowerment Project	9.1.23	9.30am - 11.30am	Ongoing	Free
	Mas Maternal Mental Health Project	9.1.23	11.30am - 1.30pm	Ongoing	Free
	Crafty Ladies	9.1.23	10.30am - 12.30pm	10 weeks	Voluntary Donation £10
<b>TUESDAY</b>	Women's Empowerment Project	10.1.23	9.30am - 11.30am	Ongoing	Free
	Mas Maternal Mental Health Project	10.1.23	11.30am - 1.30pm	Ongoing	Free
<b>WEDNESDAY</b>	Community Development Level 2 OCN	11.1.23	9.30am - 12.30pm	12 weeks	Free (accredited)
<b>THURSDAY</b>	SPEAKEASY Project	12.1.23	10.30am - 12.00pm	4 weeks	Free
	Women's Empowerment Project	12.1.23	9.30am - 11.30am	Ongoing	Free
	Mas Maternal Mental Health Project	12.1.23	11.30am - 1.30pm	Ongoing	Free
<b>FRIDAY</b>	WRDA Breast, Bowel, & Cervical Cancer Screening Awareness Training	27.1.23	10.00am - 12.00pm	3 weeks	Free

**\*\*\*We are holding open enrolment for January courses - so just phone, email or drop in to Greenway to register!\*\*\***

**If you would like more information on courses, or wish to discuss any aspect of the programme please contact Greenway's Training & Education Officer, Helen Smyth.**

**Telephone:** 028 9079 9912 (9am-1.30pm) **Email:** [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

#### **Greenway Mailing List**

At Greenway Women's Centre we also hold one-off workshops, classes and events throughout the year. If you would like to be added to our mailing list to receive information on these, please forward your name and email address to: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

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 19-23 Greenway, Belfast BT6 0DT  
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