



Monthly Newsletter

Welcome to the March 2023 edition of the Greenway Newsletter

Coming up at Greenway...

Stepping Stones

Start Date: Thursday 2 March, 11.30am-1pm (5 weeks)

Greenway Women's Centre is hosting a new five-week confidence building programme in partnership with The Grand Opera House Belfast. The Stepping Stones programme will help participants build confidence and develop communication skills which are not only useful in everyday life but are also an important tool when looking for employment.

Carers' Wellbeing Programme

Start Date: Friday 10 March, 9.30am-11.30am (4 weeks)

Greenway Women's Centre is hosting a Wellbeing Programme for Carers, in partnership with Age NI.

Women's Empowerment Programme

Weekly Sessions: Mondays/Tuesdays/Thursdays, 9.30am-11.30am

The Women's Empowerment Programme at Greenway is a free, accredited, women-only project designed to provide practical and positive work-based opportunities for women on their way to employment or training. The Programme includes personal development, Essential Skills, CV training, interview techniques and volunteering opportunities.

This Programme is funded through National Lottery Community Fund Awards for All

Mas Project - Maternal Advocacy and Support

Weekly Sessions: Mondays/Tuesdays/Thursdays, 11.30am-1.30pm

Greenway Women's Centre hosts weekly Maternal Mental Health peer support groups as part of the Mas Project which is designed to promote positive mental health and wellbeing for women who are pregnant or have children aged 0-3 years. The project also provides a platform for women to talk about their experiences in the health care system and advise on areas that could be developed to improve services for women in Northern Ireland.

This Project is funded by National Lottery Community Fund through WRDA

To register for any of the above courses or to get more information please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912

E: training@greenwaywomenscentre.org

**Greenway Women's Centre will be closed on Friday 17 March for St. Patrick's Day.
The Centre will reopen on Monday 20 March 2023.**

Support from Greenway Women's Centre is available Monday to Friday

You can reach Greenway staff by telephone on 028 9079 9912.

Or you can contact Greenway staff by email:

Lindsay Cooper, Centre Manager: manager@greenwaywomenscentre.org

Helen Smyth, Training & Education Officer: training@greenwaywomenscentre.org

Greenway Childcare Team: childcare@greenwaywomenscentre.org

Greenway Women's Centre Family Support Services

Greenway Family Support Services are available each weekday between 10am and 1.30pm.

To access our Family Support Services or get more information please contact Greenway's Centre Manager, Lindsay Cooper.

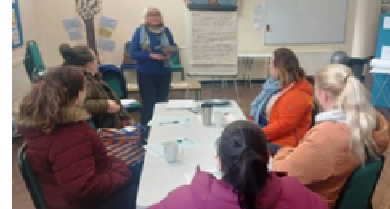
T: 028 9079 9912 **E:** manager@greenwaywomenscentre.org

A Natter Matters

On Thursday evenings Helen hosts a Live Zoom Session so if you need a chat or just fancy a catch up please email training@greenwaywomenscentre.org for a link!

Cancer Screening Awareness

Thank you to Women's Resource & Development Agency who provided Cancer Screening Awareness sessions at Greenway last month!

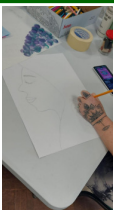


Speakeasy

Congratulations to the Women's Empowerment Project participants who recently completed a 4-week Speakeasy Programme at Greenway! Thank you to Informing Choices NI.

Women in Leadership

Congratulations to everyone who successfully completed the OCN Level 3 Women in Leadership course at Greenway! Nine students from Greenway passed the course! Thank you to Women's Resource & Development Agency. Well done everyone!



International Women's Day Rally

It's that time of year again and we currently have a group of budding artists working to create new posters, banners and placards for this year's International Women's Day Rally! The International Women's Day Rally will take place in Belfast on Saturday 4 March with everyone meeting at Writer's Square at 11am.

Baby Movers with Midwife Christine



East Belfast SureStart are hosting Baby Movers group sessions this month at Cregagh P.S. Resource Centre. These gentle movement and wellbeing sessions are designed for parents and babies (aged 6 weeks to 12 months) and priority will be given to those living in the Cregagh Ward.

Sessions will take place on Tuesday mornings throughout March, 9.30am-10.30am.

Please call 028 9073 5686 to book or contact East Belfast SureStart for more information.

We have been asked by a local family to share the following job vacancy:

Reliable person needed to look after young girl in own home for 2 hours per day 4 days per week, 1.30pm to 3.30pm, or alternatively, 4 hours per day 2 days per week (Thursday & Friday).

* Own car essential * East Belfast Area * Hourly Rate: £13 per hour *

Duties include: School pick ups; Care of young girl in own home; Assisting Disabled parent to attend medical appointments for their daughter, as and when required.

Access NI checks must be completed before commencement of employment.

If you are interested please contact Helen at: helen_jordan1@sky.com

Greenway Childcare Services



At Greenway we offer high quality, affordable Childcare services for pre-school children, from birth until their fourth birthday, alongside WCCF Funded Day Care and Sponsored Day Care. We also offer Childcare provision for students and volunteers attending Greenway Women's Centre and intervention services by way of respite care and parent/carer support sessions.

Greenway's professional & highly qualified Childcare Team promote fun and creative ways of engaging children to learn & develop in an inclusive, non-judgmental, safe environment.

Greenway Childcare Services are now available Monday to Friday, between 8.30am and 1.30pm with Private Day Care Sessions available for only £4.50 per hour!

► **We currently have availability for children aged 0-2 years in our Baby Room** ◀

To book, register future interest or get more information please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912 E: childcare@greenwaywomenscentre.org

WCCF Funded Childcare Provision at Greenway Women's Centre

At Greenway we offer WCCF Funded Childcare for children from birth until their fourth birthday.

Criteria for WCCF Funded Childcare:

If you have pre-school aged children and you have either returned to work within the last 12 months following a period of unemployment* or are currently in training or education and in receipt of Income Support, Universal Credit, Jobseekers Allowance (income based) or ESA we may be able to meet your childcare needs by offering you FREE** Childcare Monday to Friday from 9.30am, for up to 4 hours per day!

*This does not apply when returning to work following Maternity Leave

**WCCF Childcare Provision funded by Department for Communities

► **We currently have WCCF Funded Childcare availability in our Toddler Room** ◀

For more information on WCCF Funded Childcare at Greenway Women's Centre please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912 E: childcare@greenwaywomenscentre.org

Join the Greenway Childcare Team

Greenway Women's Group are seeking to appoint a motivated individual to cover maternity leave in a Childcare Assistant role providing care, learning & development for children under the age of 4.

Childcare Assistant [Temporary Maternity Cover]

20 Hours per week (9.30am – 1.30pm Monday to Friday)

For more details, including job description and essential criteria, please follow the link below:

<https://www.communityni.org/job/childcare-assistant-20hrs-week-maternity-cover>

Please contact Jodie or Natalie at Greenway on 028 9079 9912 to request an application pack, or download one from the link above.

Completed applications should be returned to: Natalie Horrocks/ Jodie Wilson, 19-23 Greenway, Belfast BT6 0DT or emailed to: childcare@greenwaywomenscentre.org

The Closing Date for returning applications is Monday 6 March at 12 noon.

Please Note: The successful candidate will be required to undergo the necessary Access NI and Health Declaration Checks prior to commencement of employment.

Volunteering Opportunities at Greenway

The Volunteer Programme at Greenway Women's Centre is an excellent way to meet new people, develop new skills and build confidence and self esteem.

Roles available: Reception*; Drop-In*; Cleaning*; Childcare**

**All volunteers must be successfully vetted through Access NI before they can commence their role.*

***All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

If you are interested in volunteering at Greenway Women's Centre, please contact Lindsay Cooper on 028 9079 9912.

Greenway Women's Centre Mailing List

If you would like to receive information on classes and events at Greenway Women's Centre please forward your name and email address to Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org



The Red Box Project

Greenway Women's Centre is part of the Red Box Project

The Red Box Project, coordinated by EBCDA, aims to ensure that every woman has access to free menstrual products in a bid to tackle period poverty.

At Greenway Women's Centre we have a fully stocked Red Box containing a range of sanitary pads and tampons which you are free to take as and when required.

At Greenway Women's Centre we provide a wide range of services for different groups of all ages and there may be service users, staff or volunteers within the Centre who are particularly vulnerable to infection so we ask everyone attending Greenway Women's Centre to play their part in helping to minimise the risk of spreading infections within our community.

By working together we can help to keep everyone as safe as possible.

Thank you for your continued support.

If you would like to receive the Greenway newsletter by email each month, please contact newsletter@greenwaywomenscentre.org to be added to our mailing list.



For regular Greenway updates find us at www.facebook.com/GreenwayWomensCentre



Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence



At Greenway Women's Centre we offer:

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities •
- Free Classes • Workshops • Special Events •

Opening Hours: 9am - 3.30pm Monday - Friday



'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'

Greenway Women's Group is a Company Limited by Guarantee No: NI381399
Northern Ireland Registered Charity No. NI C100610
Inland Revenue Charity No: XR34419

19-23 Greenway, Cregagh Estate, Belfast BT6 0DT

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