



Monthly Newsletter

Welcome to the Summer 2023 edition of the Greenway Newsletter

Summer Holiday

Greenway Women's Centre will be closed from Monday 3 July to Friday 14 July (inclusive) for the Summer Break. All Greenway services including childcare provision, classes, group meetings, online services and family support will be unavailable during this time.

The Centre will reopen on Monday 17 July 2023.

Summer Bank Holiday

Greenway Women's Centre will also be closed on Monday 28 August for the Summer bank holiday.

All Greenway services including childcare provision, classes, group meetings, online services and family support will be unavailable on this date.

The Centre will reopen on Tuesday 29 August 2023.

Women's Empowerment Programme

The Women's Empowerment Programme at Greenway is a free, accredited, women-only project designed to provide practical and positive work-based opportunities for women on their way to employment or training. The Programme includes personal development, Essential Skills, CV training, interview techniques and volunteering opportunities.

Weekly Sessions: Mondays/Tuesdays/Thursdays, 9.30am-11.30am

This Programme is funded through Halifax Foundation for Northern Ireland

Mas Project - Maternal Advocacy and Support

Greenway Women's Centre hosts weekly Maternal Mental Health peer support groups as part of the Mas Project, which is designed to promote positive mental health and wellbeing for women who are pregnant or have children aged 0-3 years. The project also provides a platform for women to talk about their experiences in the health care system and advise on areas that could be developed to improve services for women in Northern Ireland.

Weekly Sessions: Mondays/Tuesdays/Thursdays, 11.30am-1.30pm

This Project is funded by National Lottery Community Fund through WRDA

**To register for any of the above or to get more information
please contact Greenway's Training & Education Officer, Helen Smyth.**

T: 028 9079 9912

E: training@greenwaywomenscentre.org

Date for you Diary...

Enrolment for new classes at Greenway will be held from Tuesday 29 August until Friday 1 September.

Please Note: Enrolment for all courses must be made in person.

A Natter Matters

On Thursday evenings Helen hosts a Live 'A Natter Matters' Zoom Session so if you need a chat or just fancy a catch up please email training@greenwaywomenscentre.org for a link!

(Please Note: There will be no 'A Natter Matters' Zoom Sessions on 6 July or 13 July)

Support from Greenway Women's Centre is available Monday to Friday

You can reach Greenway staff by telephone on 028 9079 9912.

Or you can contact Greenway staff by email:

Lindsay Cooper, Centre Manager: manager@greenwaywomenscentre.org

Helen Smyth, Training & Education Officer: training@greenwaywomenscentre.org

Greenway Childcare Team: childcare@greenwaywomenscentre.org

Greenway Women's Centre Family Support Services

Greenway Family Support Services are available each weekday between 10am and 1.30pm.

To access our Family Support Services or to get more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912 **E:** manager@greenwaywomenscentre.org

Domestic Violence Awareness

Thank you to East Belfast Community Development Agency who provided a very informative ONUS Domestic Violence Awareness session at Greenway, as part of the Chatty Bench programme.

Vaping Awareness

Thank you to Diane, from the Belfast Drug and Alcohol Coordination Team (BDACT), who recently delivered a Vaping Awareness session at Greenway.

This was another really informative session for participants.

Employment Academy Info Sessions

Thank you to People 1st who visited Greenway recently to offer information on upcoming Employment Academies, facilitated in partnership with Belfast City Council. We hope to host Employment Academies in Health & Social Care and Childcare this autumn and more details on these courses will be available in our September 2023 Service Programme.



Women's Experiences of the Cost of Living Crisis

Helen, Stephanie and Karen recently attended the launch of the Women's Regional Consortium & Ulster University research report "Women and the Cost of Living Crisis".

The aim of the research was to identify and explore the impact of the Cost of Living Crisis on the lives of women across Northern Ireland.

The findings show how this negatively impacts women, their children and their families and the research paper includes a series of recommendations for policy makers and Government to help women better survive the ongoing Cost of Living Crisis.

You can access the report by following the link below:

<https://www.womensregionalconsortiumni.org.uk/research/>

Volunteer Celebration Lunch

Greenway Women's Centre hosted a celebration lunch on 22 June for our amazing Board members and volunteers! We have a fantastic team of volunteers at Greenway who give their time and talents in various ways to support us in delivering our services to women and their families.

Thank you all for everything you do!!!



Pathway Fund Update

The Department for Education recently announced they would not be proceeding with proposed cuts to Youth Services and Early Years programmes including the Pathway Fund, Sure Start, Bright Start and Toybox, or the full scale of proposed cuts to Extended Schools. This is good news for our children and young people and we would like to thank to everyone who signed and supported the petition to save the Pathway Fund!

Greenway Childcare Services



At Greenway we offer high quality, affordable Childcare services for pre-school children, from birth until their fourth birthday, alongside WCCF Funded Day Care and Sponsored Day Care. We also offer Childcare provision for students and volunteers attending Greenway Women's Centre and intervention services by way of respite care and parent/carer support sessions.

Greenway's professional & highly qualified Childcare Team promote fun and creative ways of engaging children to learn & develop in an inclusive, non-judgmental, safe environment.

New Toddler Room Now Open!

Greenway Childcare Services are currently available Monday to Friday, between 8.30am and 1.30pm with Private Day Care Sessions available for only £4.50 per hour!

To book, register future interest or get more information please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912 **E:** childcare@greenwaywomenscentre.org

WCCF Funded Childcare Provision at Greenway Women's Centre

At Greenway we offer WCCF Funded Childcare for children from birth until their fourth birthday.

Criteria for WCCF Funded Childcare:

If you have pre-school aged children and you have either returned to work within the last 12 months following a period of unemployment* or are currently in training or education and in receipt of Income Support, Universal Credit, Jobseekers Allowance (income based) or ESA we may be able to meet your childcare needs by offering you FREE** Childcare Monday to Friday from 9.30am, for up to 4 hours per day!

*This does not apply when returning to work following Maternity Leave

**WCCF Childcare Provision funded by Department for Communities

For more information on WCCF Funded Childcare at Greenway Women's Centre please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912 **E:** childcare@greenwaywomenscentre.org

Greenway Women's Centre Mailing List

We are currently finalising our new Service Programme with details of classes starting at Greenway this September, so if you would like the new programme delivered directly to your inbox now is the perfect time to join the Greenway Women's Centre Mailing List!

Please email newsletter@greenwaywomenscentre.org and ask to join our electronic mailing list to receive regular updates, including information on classes and events at Greenway.

Please Note:

Due to current Data Protection legislation we need a record of your consent to hold details of your name and email address on our mailing list. If you request to be added to our mailing list by email this request will be taken as consent. However, if your request is made verbally or in person you will be contacted via email by newsletter@greenwaywomenscentre.org to give consent.

Only once your consent is received can Greenway Women's Group add your name and email address to its electronic mailing list. If at any time in the future you wish to withdraw consent, you can do so without detriment by emailing: newsletter@greenwaywomenscentre.org or by writing to: Greenway Women's Centre, 19-23 Greenway, Belfast, BT6 0DT.

Volunteering Opportunities at Greenway

The Volunteer Programme at Greenway Women's Centre is an excellent way to meet new people, develop new skills and build confidence and self esteem.

Roles available: Reception*; Drop-In*; Cleaning*; Childcare**

**All volunteers must be successfully vetted through Access NI before they can commence their role.*

***All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

If you are interested in volunteering at Greenway Women's Centre, please contact Lindsay Cooper on 028 9079 9912.

Greenway Fundraising

Greenway Women's Group has partnered with fundraising platform Enthuse to enable us to raise much needed funds to support the work we do at Greenway Women's Centre. We have added a DONATE button to the homepage of our website for anyone who would like to make a donation to support Greenway, or you can access the donation page directly at:

<https://greenwaywomenscentre.enthuse.com/donate>



The Red Box Project

Greenway Women's Centre is part of the Red Box Project

The Red Box Project, coordinated by EBCDA, aims to ensure that every woman has access to free menstrual products in a bid to tackle period poverty.

At Greenway Women's Centre we have a fully stocked Red Box containing a range of sanitary pads and tampons which you are free to take as and when required.

Please be aware there may be service users, staff or volunteers within Greenway Women's Centre who are particularly vulnerable to infection and we ask everyone attending Greenway to play their part in helping to minimise the risk of spreading infection within our community. Thank you for your continuing support.

If you would like to receive the Greenway newsletter by email each month, please contact newsletter@greenwaywomenscentre.org to be added to our mailing list.



For regular Greenway updates find us at www.facebook.com/GreenwayWomensCentre



Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence



At Greenway Women's Centre we offer:

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities •
- Free Classes • Workshops • Special Events •

Opening Hours: 9am - 3.30pm Monday - Friday



'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'

Greenway Women's Group is a Company Limited by Guarantee No: NI381399
Northern Ireland Registered Charity No. NI C100610
Inland Revenue Charity No: XR34419

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