



Greenway

Women's Centre

Monthly Newsletter

Welcome to the Greenway Newsletter, May 2024

May Bank Holidays

Greenway Women's Centre will be closed on Monday 6 May for May Day.

All Greenway services, including childcare provision, classes, group meetings and family support will be unavailable on this date. The Centre will reopen on Tuesday 7 May.

The Centre will also be closed on Monday 27 May for the Spring Bank Holiday.

All Greenway services, including childcare provision, classes, group meetings and family support will be unavailable on this date. The Centre will reopen on Tuesday 28 May.

Baby Movement & Massage

Greenway is hosting a free 4-week Baby Massage programme of fun classes to enjoy with your little one. Suitable for babies from birth to crawling. All equipment provided - just bring your baby and a blanket!

Start Date: Wednesday 1 May, 9.30am-10.30am (4 weeks)

Little Bit Crafty

Looking for something different? Maybe something a Little Bit Crafty?

Greenway Women's Centre is hosting a new 6-week programme featuring lots of fun crafts!

Wire Flowers & Button Bouquets* Mosaic* Jewellery Making* Decoupage* Adult Colouring

Start Date: Thursday 9 May, 10am-12pm (4 weeks) Cost: £12 (£2 per week)

Women's Empowerment Programme

The Women's Empowerment Programme at Greenway is a free, women-only project offering practical and positive work-based opportunities for women on their way to employment or training.

The Women's Empowerment Programme includes Personal Development; Essential Skills Courses; CV Training; Interview Techniques and Volunteering Opportunities.

Weekly Sessions: Mondays/ Tuesdays/ Wednesdays, 9.30am-11.30am

This Programme is funded through Halifax Foundation for Northern Ireland

Women Breaking Barriers*

Greenway is part of the Women Breaking Barriers NI project, delivering programmes to support women who are economically inactive and not currently seeking employment.

Women Breaking Barriers is a new programme designed to equip women with the skills necessary to overcome personal barriers to employment and education, by engaging economically inactive women in an employment support programme with specialised training and intensive wrap-around support.

Weekly Sessions: Mondays/ Tuesdays/ Wednesdays, 11.30am-1.30pm

Eligibility criteria apply: To take part in the Women Breaking Barriers programme you must be based in Northern Ireland, not in paid work and not currently seeking employment.

This Project is funded by the UK Government through the UK Shared Prosperity Fund

**To register or get more information on any of the above,
please contact Greenway's Training & Education Officer, Helen Smyth.**

T: 028 9079 9912

E: training@greenwaywomenscentre.org

A Natter Matters

On Thursday evenings Helen hosts a live 'A Natter Matters' Zoom Session, so if you need a chat or just fancy a catch up please email training@greenwaywomenscentre.org for the link!

Greenway Women's Centre Family Support Services

Greenway Family Support Services are available each weekday between 10am and 1.30pm.

To access our Family Support Services or to get more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912 **E:** manager@greenwaywomenscentre.org

Focus Groups/ One-off Workshops

If you would like to receive information on Focus Groups and One-off Workshops at Greenway Women's Centre please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912 **E:** training@greenwaywomenscentre.org

Women Breaking Barriers

Our Women Breaking Barriers attended the Women Breaking Barriers NI Celebration Day at Belfast City Hall - a fantastic event to celebrate the first year of this amazing project!



Congratulations to our Women Breaking Barriers who completed the recent Steps to Cope and Build Resilience programme at Greenway Women's Centre!



Marie Therese Rodgers-Moloney Visit

Our Women's Empowerment Programme and Women Breaking Barriers groups met with author Marie Therese Rodgers-Moloney when she visited Greenway last month to talk about her early life in Nazareth House and the book she has written about her experiences, For the Sins of My Mother. It was lovely to spend time with Marie Therese and we thank her for sharing her story with us!



Thank you to East Belfast Community Development Agency who recently provided security cameras for 5 Greenway families!

EBCDA Volunteer Fair

East Belfast Community Development Agency are hosting a Volunteer Fair on Thursday 23 May, between 11am and 2pm, at East Belfast Network Centre. There will be lots of information available on volunteering opportunities in East Belfast and Helen will be there representing Greenway!

Greenway Childcare Services

At Greenway we offer high quality, affordable Childcare services for pre-school children, from birth until their fourth birthday, alongside WCCF Funded Day Care and Sponsored Day Care. We also offer Childcare provision for students and volunteers attending Greenway Women's Centre and intervention services by way of respite care and parent/carer support sessions.

Greenway's professional & highly qualified Childcare Team promote fun and creative ways of engaging children to learn & develop in an inclusive, non-judgmental, safe environment.



Greenway Childcare: 'Highly Commended' Day Care Provider, Families First NI Awards (Spring 2024)

Greenway Childcare Services are currently available Monday to Friday, between 8.30am and 1.30pm with Private Day Care Sessions available for only £4.50 per hour!

You can arrange an appointment to view the Greenway Childcare setting before deciding to enrol your children with us. This offers an excellent opportunity for parents/carers to meet the Greenway Childcare Team and view our Childcare facilities to ensure we are the best fit for you and your family!

To book, register future interest, arrange a viewing or get more information please contact Greenway's Childcare Co-Manager, Jodie Wilson.

T: 028 9079 9912 **E:** childcare@greenwaywomenscentre.org

WCCF Funded Childcare Provision at Greenway Women's Centre

At Greenway we offer WCCF Funded Childcare for children from birth until their fourth birthday.

Criteria for WCCF Funded Childcare:

If you have pre-school aged children and you have either returned to work within the last 12 months following a period of unemployment* or are currently in training or education and in receipt of Income Support, Universal Credit, Jobseekers Allowance (income based) or ESA we may be able to meet your childcare needs by offering you FREE** Childcare Monday to Friday from 9.30am, for up to 4 hours per day!

*This does not apply when returning to work following Maternity Leave

**WCCF Childcare Provision funded by Department for Communities

We currently have WCCF spaces available in our Toddler Room!

(for children aged 2-3 years)

For more information on WCCF Funded Childcare at Greenway Women's Centre please contact Greenway's Childcare Co-Manager, Jodie Wilson.

T: 028 9079 9912 **E:** childcare@greenwaywomenscentre.org

Greenway Staff Team Update

We are delighted to welcome Suzanne back from Maternity leave - we missed you Suzy!

East Belfast Baby Bank

Greenway Women's Centre can act as a referrer for the East Belfast Baby Bank.

The Team at East Belfast Baby Bank can provide care packages of appropriate clothing and hygiene products, such as nappies etc, for children aged from birth to 5 years.

If you need to access the services of the Baby Bank please call at Greenway or contact us on 028 9079 9912 and we can help you complete the referral form and submit it on your behalf.

Support from Greenway Women's Centre is available Monday to Friday

You can reach Greenway staff by telephone on 028 9079 9912.

Or you can contact Greenway staff by email:

Lindsay Cooper, Centre Manager: manager@greenwaywomenscentre.org

Helen Smyth, Training & Education Officer: training@greenwaywomenscentre.org

Greenway Childcare Team: childcare@greenwaywomenscentre.org

Volunteering Opportunities at Greenway

Volunteering at Greenway Women's Centre is an excellent way to meet new people and develop new skills, while building confidence and self esteem and gaining role-based experience!

Roles are currently available in Reception*, Drop-In Café* and Childcare**

**All volunteers must be successfully vetted through Access NI before they can commence their role.*

***All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

If you are interested in volunteering at Greenway Women's Centre, please contact Lindsay Cooper on 028 9079 9912.

Greenway Women's Centre is part of the Red Box Project

The Red Box Project aims to ensure that every woman has access to free menstrual products. In a bid to tackle period poverty we have a fully stocked Red Box at Greenway Women's Centre containing a range of sanitary pads and tampons which you are free to take as and when required.



The Red Box Project

A simple scheme, made with love for the young women in our community

The Red Box Project is coordinated by East Belfast Community Development Agency

If you would like to join the Greenway Women's Centre Mailing List to receive regular Greenway updates directly to your Inbox, please email newsletter@greenwaywomenscentre.org

facebook

For regular Greenway updates find us at www.facebook.com/GreenwayWomensCentre



Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence



At Greenway Women's Centre we offer:

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities •
- Free Classes • Workshops • Special Events •

Opening Hours: 9am - 3.30pm Monday - Friday



'Providing local, accessible services to women and their families in Cregagh and the broader community since 1985'

Greenway Women's Group is a Company Limited by Guarantee No: NI381399

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Inland Revenue Charity No: XR34419

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